

FRIENDS OF THE RIVERFRONT

Increase awareness and engagement with the Pittsburgh region's rivers and riverfronts through activities, stewardship, and expansion of water and land trails.



GO-WITH-THE-FLOW E-NEWS BLAST

Greetings from Friends of the Riverfront

We are glad you're engaged and tuned into the exciting developments happening on and along the Three Rivers Heritage Trail and Water Trail systems. Please take a moment to renew your membership for 2006 online by clicking [HERE](#). We'd like to send you a free Friends of the Riverfront t-shirt as a thank you for your support.

Riverfronts Naturally Volunteer Stewardship

Friends of the Riverfront is proud to announce our 2006 schedule for the Riverfronts Naturally program. Please join us as we tend to the trails and riparian buffer zones along the three rivers this spring and summer. Complete details are available in the [EVENTS](#) section of the Friends of the Riverfront web-page. All volunteers are welcome. No need to R.S.V.P. we'll see you there.

Pittsburgh Triathlon and Adventure Race

Registration is now open for the August 6th 2006 Seagate Pittsburgh Triathlon and Adventure Race. Go to [PITTSBURGH TRIATHLON](#) for details on this premier Olympic distance event with 1.5K swim, 40K bike, and 10K run. We'll see you at the finish line.



Dasani Community Bike Program

To learn how you can participate, simply visit the [COMMUNITY BIKE PROGRAM](#) section of the Friends of the Riverfront web page for more information. The bikes are accessible at two locations: the new trailhead along the South Side trail off of 4th Street, and along the North Shore Trail adjacent to the Heinz Lofts Apartments. Enjoy the ride and explore the Three Rivers Heritage Trail! **All new members will receive a FREE water bottle compliments of the [River Walk Corporate Center](#).**

FREE Three Rivers Heritage Trail and Water Trail Maps

Time to hit the trails, but don't forget your Three Rivers Heritage Trail map. The map details the emerging trail system along the three rivers of the Pittsburgh region. They offer users a complete guide to trails, nearby amenities, trail head facilities and river access points. There has been a great deal of development along the Three Rivers Heritage

April 7th, 2006



Volunteers planting deep rooted native grasses helping to stabilize vulnerable riverbanks from erosion.

April Stewardship Events

Saturday, April 22nd

8:30-12:00 noon Great Pa Clean-up Stewardship of the Monongahela Riverfront at Station Square and along the South Side Trail. Meet us at the Friends of the Riverfront tent in the far parking lot at Station Square. Free parking and after party for all event participants.

Saturday, April 29th

9:00-12:00 noon Hands on Pittsburgh sponsored by [Pittsburgh Cares](#). Join the Friends at the Millvale Riverfront Park pavilion as we work our way down the North Shore Trail and Allegheny Riverfront.



head facilities and river access points. There has been a great deal of development along the Three Rivers Heritage Trail system. Updated maps are now available. **Request your free trail map today!** Call us at 412.488.0212 or email friends@friendsoftheriverfront.org



**Three Rivers Heritage Trail
Interpretive Signage along the
Eliza Furnace Trail**

Sponsorship and Engaged Volunteers Please take notice of outstanding partners, sponsors, and engaged volunteers who support Friends of the Riverfront's various programs and projects!



If you would like to be removed from our e-mail list, please send an e-mail to friends@friendsoftheriverfront.org and write REMOVE in the title. Friends of the Riverfront does not sell or share its e-mail list with any other organization.