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13/May/2008

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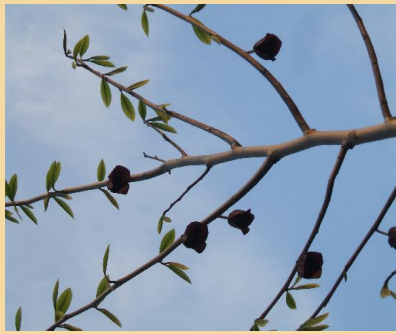
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## OUTDOOR RECREATION NEWS

"Through intense collaboration with community partners, government officials, and a diverse volunteer base, our rivers and riverfronts have been transformed from industrial wastelands to international examples of environmental renewal. Whether you bike, hike, rollerblade, or paddle along our beautiful shores, we encourage everyone to take advantage of these assets."





## RIVERFRONTS NATURALLY

May is a big month for the [RIVERFRONTS NATURALLY](#) initiative! May 17th will bring the [Venture Outdoors Festival](#) at Washington's Landing from 10am - 5pm. The location of choice for the 23rd is the "[Strip District Trail](#)" at the Seagate building and Allegheny Riverfront from 5 - 8pm. Volunteers are always welcome and very much appreciated, so come out and lend a hand!

## 2008 TRIATHLON & ADVENTURE RACE REGISTRATION

It's that time of year again! Registration is now open for the 2008 Pittsburgh Triathlon & Adventure Race! This year's Triathlon is presented by Suzuki as the title partner and sponsor. There are already more than 160 registered athletes for the event, taking place on July 19th and 20th at North Shore Riverfront Park, between Heinz Field and PNC Park. For more information or to sign up, visit <http://www.piranha-sports.com/Race14.aspx>.



## FORT DUQUESNE FLYOVER

Fort Duquesne Bike Flyover is once again open. Trail users are now able to travel between the North Shore and the lower tier of Point State Park and onto the Strip District Trail.

Click [HERE](#) to request a free Heritage Trail Guide.

## ANIMAL FRIENDS' MUTT STRUT 2008

Primp your pooch, lace up your sneakers, and get ready to join us for [Animal Friends' Mutt Strut](#) and Mighty Mutts Dog Show! Sunday, **May 18, 2008** from **9am - 1pm**. The walk takes off at 10am. The fun takes place at **The Riverfront Park at Pittsburgh's North Shore**. Celebrating the second year at this exciting location, located right between Heinz Field and the Del Monte building!





## COMMUNITY BIKE PROGRAM UP AND RUNNING

Trek of Pittsburgh is a locally owned group of 4 bicycle stores that strives to promote the community's involvement in outdoor activities. Trek of Pittsburgh is proud to support the Friends of the Riverfront and their Community Bicycle Program, aimed to offer cycling activities to the citizens of the Pittsburgh region. Trek of Pittsburgh is a full service bicycle shop, with certified mechanics and friendly, knowledgeable staff members.

## HERITAGE TRAIL MONITOR NEEDED!

Friends of the Riverfront is seeking an active volunteer Trail Monitor for the South Side and Eliza Furnace Trails. Responsibilities include conducting monthly inspections of trail conditions and surrounding riverfront, document and clean any defaced signage, and communicate findings to Friends of the Riverfront. If interested please email [friends@friendsoftheriverfront.org](mailto:friends@friendsoftheriverfront.org) or 412.488.0212 x3

For additional information on the Heritage Trail Monitor Program or for a complete listing of current Trail Monitors click [HERE](#).



## OUR MISSION~

Increase awareness and engagement with the Pittsburgh region's rivers and riverfronts through activities, stewardship and expansion of water and land trails.

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