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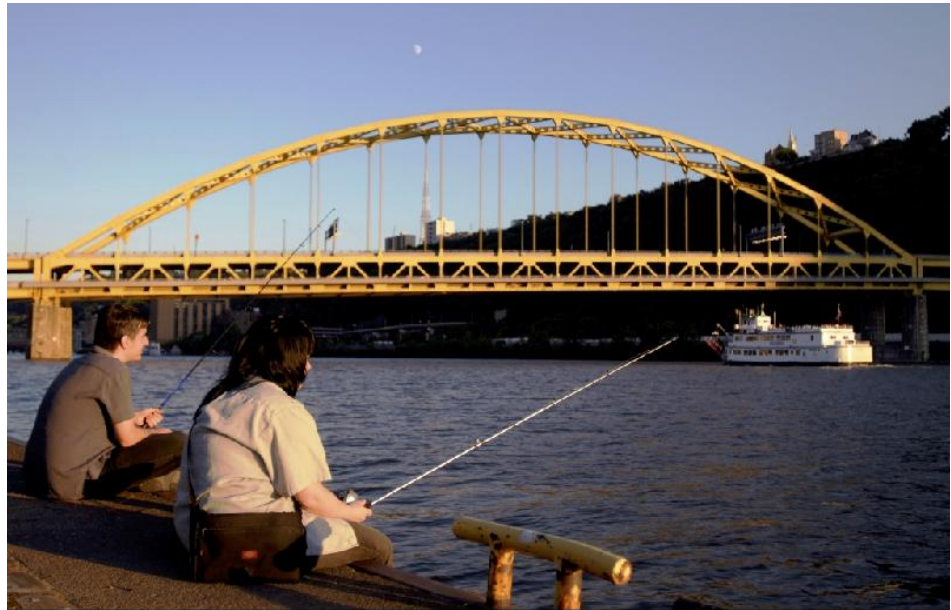
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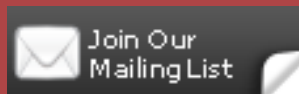
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FRIENDS OF THE RIVERFRONT



Through intense collaboration with community partners, government officials, and a diverse volunteer base, our rivers and riverfronts have been transformed from industrial wastelands to international examples of environmental renewal. Whether you bike, hike, rollerblade, or paddle along our beautiful shores, we encourage everyone to take advantage of these assets.





REGISTRATION FILLING for PNC PITTSBURGH TRIATHLON

This year's PNC Pittsburgh Triathlon and Adventure Race is approaching fast! Registration is open and filling quickly, so hurry over to www.pittsburghtriathlon.com and register now! We hope to see you on July 25th and 26th at North Shore Park for the 12th Annual Triathlon and Adventure Race!

PA GREENWAYS AND TRAIL SUMMIT

The PA Recreation & Park Society and the PA Department of Conservation & Natural Resources presents the 2009 PA Greenways and Trail Summit September 27-29 at the Blair County Convention Center in Altoona. Click [Here](#) for more details and to register.

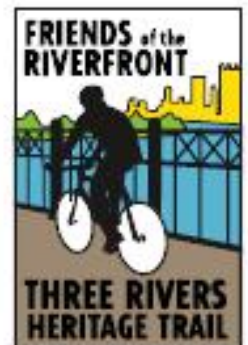


INTERVIEW TENT at PNC PITTSBURGH TRIATHLON

Lights, Camera, Action! Take a few minutes of your Triathlon weekend (July 25-26) to step into the spotlight and tell your Triathlon story. Look for our Interview Tent at Saturday's Expo and after Sunday's race and tell us what you love most about the Triathlon and the Three Rivers Heritage Trail.

NEW BIKER PINS HAVE ARRIVED!!

Our new Friends of the Riverfront/Three Rivers Heritage Trail pins have arrived! These pins are made locally from recycled materials and are featured as a membership gift for new and renewing members. Click [Here](#) to become an active member of Friends of the Riverfront and reserve your pin today!





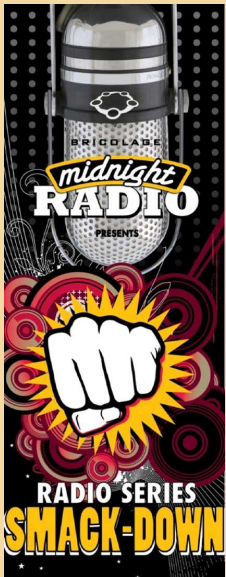
CASINO: THREE RIVERS HERITAGE TRAIL UPDATE

The long awaited Three Rivers Heritage Trail connection along the Ohio River adjacent to the Casino is coming along well. The trail alignment is scheduled to open during the first week of this August. Click [Here](#) to visit the Three Rivers Heritage Trail Yahoo! Group for the recently added Casino Photo Album for a look at the alignment and images of the progress.

RIVERS OF STEEL TOURS

Rivers of Steel National Heritage Area is excited to introduce its newest tour: the Rivers of Steel Bicycle Tour. This active and eco-friendly excursion takes participants on a trail-side ride through Pittsburgh's industrial past and present.

The tour takes advantage of local riverside trails to give riders a look at industry from the vantage point of its development along the Monongahela River. Click [Here](#) for more information.



MIDNIGHT RADIO SERIES

Friends of the Riverfront is partnering with [Midnight Radio](#) - a monthly episodic "live" radio series, set after hours, complete with honey-voiced announcers, commercial breaks, vintage vinyl sound effects and a myriad of "Foley" props. Each Midnight Radio episode will feature the unique talents of Pittsburgh writers, musicians, actors, comics, and "city celebrities." Think *Prairie Home Companion* on *Red Bull*.

UPCOMING RIVERFRONTS NATURALLY VOLUNTEER DATES

Spend some of your free time with Friends of the Riverfront as we maintain the Three Rivers Heritage Trail and riparian buffer zones along the riverfronts. Our next event is scheduled for **Friday, July 10, 2009** at "**Plum Borough**" 5-8pm. Click [Here](#) to visit the "Riverfronts Naturally" page of our website for more information about this and other event dates. We look forward to seeing you on the trails!



Increase awareness and engagement with the Pittsburgh region's rivers and riverfronts through activities, stewardship and expansion of water and land trails.

Sincerely,

Friends of the Riverfront

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