



The content in this preview is based on the last saved version of your email - any changes made to your email that have not been saved will not be shown in this preview.



01/November/2010

IN THIS ISSUE

[DAY OF GIVING](#)

[WESTHALL ST. DEDICATION](#)

[TRIATHLON CLINIC](#)

[HOLIDAY PARTY](#)

[TRHT MAP & GUIDE](#)

[SOCIALIZE](#)

QUICK LINKS

[CONTACT US](#)

[NEWS](#)

[MORE ON FRIENDS OF THE RIVERFRONT](#)

[SUPPORT OUR MISSION](#)



Join our Mailing List

FRIENDS OF THE RIVERFRONT



Through intense collaboration with community partners, government officials, and a diverse volunteer base, our rivers and riverfronts have been transformed from industrial wastelands to international examples of environmental renewal. Whether you bike, hike, rollerblade, or paddle along our beautiful shores, we encourage everyone to take advantage of these assets.



PITTSBURGH'S DAY OF GIVING

Thank you to everyone who supported Friends of the Riverfront on Wednesday, October 13, The Pittsburgh Foundation's Day of Giving! Thanks to you, the day was a huge success and all funds have been earmarked towards the completion of the Keystone segment of the Great Allegheny Passage.

Miss the Day of Giving? Show your support anytime, [Click Here!](#)

WESTHALL STREET WATER TRAIL DEDICATION

Thank you to all who joined us in celebrating our newest water access on the [Three Rivers Water Trail](#) at Westhall Street! The event was a great kick-off for the continued development of the Water Trail system, starting with a new Three Rivers Water Trail Map & Guide due out Spring 2011!

Check out video from the dedication ceremony on our Social Networks!



TRIATHLON CLINIC

Athletes: Start training for the 2011 Pittsburgh Triathlon on Tuesday, December 7 at 7pm at REI in SouthSide Works!

Dr. George Pappas, board certified and licensed psychologist specializing in sports psychology and hypnosis will be providing a workshop on mental training of the athlete. Well known in sports circles, Dr. Pappas has worked with many athletes including boxers, football, basketball, hockey, gymnasts, tennis players, cyclists, runners, swimmers and weekend golfers to increase their concentration and focus. [Click Here](#) to RSVP!

The 2011 Pittsburgh Triathlon & Adventure Race will take place on Sunday, July 31! [Register Now](#) and take advantage of Early Bird Rates!

SPEND THE HOLIDAYS WITH FRIENDS

Join us on Friday, December 10 beginning at 5pm for our annual Holiday Party and Open House at the Friends of the Riverfront office. Enjoy a live performance by the [Boilermaker Jazz Band](#), food, drinks, and plenty of good cheer!

[Click Here for Directions!](#)



FALL FOR FALL - ON THE TRAILS!

Get out and enjoy the crisp autumn air! Take a fall foliage tour of Pittsburgh on the Three Rivers Heritage Trail!

Still need your copy of the 2010 Three Rivers Heritage Trail Map & Guide? [Click Here!](#)



SOCIALIZE

Don't hibernate just because cooler weather is on its way! Stay in touch with what's new and exciting at Friends of the Riverfront through our [Social Networks!](#)

JUST DUCKY

It's your last chance for [DUCK!](#) Come ride with us-- weekends only in November. Gift certificates are available for the perfect holiday gift!

Please call 412-231-3111 and order yours today!



Increase awareness and engagement with the Pittsburgh region's rivers and riverfronts through activities, stewardship and expansion of water and land trails.

Sincerely,

Friends of the Riverfront

[Forward email](#)

 **SafeUnsubscribe**®

This email was sent to thomas@friendsoftheriverfront.org by friends@friendsoftheriverfront.org.
[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe](#)™ | [Privacy Policy](#).

Email Marketing by



Friends of the Riverfront | 33 Terminal Way | Pittsburgh | PA | 15219