

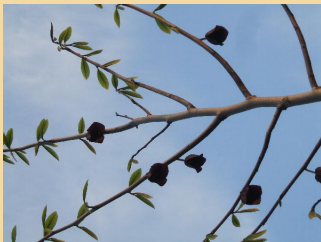
FORGING CONNECTIONS

In celebration of our 20th Anniversary, the commemorative book, *Forging Connections: Friends of the Riverfront, Twenty Years of Building the Three Rivers Heritage Trail*, has been released. *Forging Connections* explores the history of Friends of the Riverfront, the process of trail building in Pittsburgh, and future plans.

The book is now available for a suggested \$10 donation. It will also be available to borrow soon at all branches of the Carnegie Library of Pittsburgh. [Order your copy today!](#)

YEAR IN REVIEW

2011 was a big 20th Anniversary year for Friends of the Riverfront and we have a lot to celebrate and look forward to for 2012. [Take a look at our Year In Review](#) to see some of our completed, current, and future projects!



FRIENDS OF THE RIVERFRONT STAFF

The Friends of the Riverfront board and staff would like to thank Bookkeeper Kitty Brunkhorst for many years of dedicated work, and congratulate her on retirement. We extend a warm welcome to Amy Valenty, who joins the Friends of the Riverfront team as bookkeeper.



TRIATHLON CLINICS

This spring, Friends of the Riverfront and [Total Immersion Swimming](#) are offering some great opportunities to get ready for the [2012 GNC Pittsburgh Triathlon & Adventure Race](#)! Terry Laughlin of Total Immersion Swimming will be in Pittsburgh to conduct interactive swimming clinics at the CMU pool on Saturday, May 19 and Sunday, May 20. The cost of these workshops is \$100 per person, with a 10% discount available to all athletes registered for the 2012 GNC Pittsburgh Triathlon.

There will be an additional seminar on the evening of Saturday, May 19 discussing Total Immersion and the Self-Coached Swimmer for Continuous Improvement in Swimming. This seminar is free to all attendees.

Additional details (time and registration instructions) will be announced soon!



2012 THREE RIVERS HERITAGE TRAIL MAP

It's almost time to start thinking spring! We're already busy thinking up a new, updated edition of the Three Rivers Heritage Trail Map & Guide, due out this May!

We'd like your help to make this map our best yet! Please send us suggestions on what you'd like to see, what you need to know to walk, roll, or roam the Trails, and even the information from our 2010 edition you could do without! We want to hear it all! [Drop us a line...or two!](#)

STAY CONNECTED!

Stay up to date with all trail news, events, and volunteer opportunities by joining our social network! Check out photos, videos, and join in the discussion today.



Increase awareness and engagement with the Pittsburgh region's rivers and riverfronts through activities, stewardship and expansion of water and land trails.

Sincerely,

Friends of the Riverfront

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